



## Commission on Senior Issues

6801 Delmar Boulevard, University City, Missouri 63130, Phone: (314) 505-8563

### Meeting Minutes – University City Commission on Senior Issues

April 26, 2016

Location: U City Library – 6701 Delmar Blvd.

Attendees Present: Margaret Diekemper, Mary Hart, Sue Slater, Elaine Henton, Marcia Mermelstein (Senior Coordinator), LaRette Reese (staff Liaison)

Excused: Bill Thomas

Guest: none

Ms. Margie Diekemper called the meeting to order at 6:05PM

Roll call was done by Ms. LaRette Reese

#### Approval of Minutes:

Ms. Slater moved to approve the meeting minutes from the February 16, 2016 meeting; it was seconded by Ms. Hart. The motion passed.

Eleven calls were received mostly for assistance with home repairs; one caller was looking for help with having a tree removed from their private property.

Unfinished business items were discussed which included the need to fill the two open seats on the Commission. Ms. Reese informed the members that the appointments had re-assigned to the Mayor. If members have recommendations of persons that might be interested please have them contact the City Clerk or the Commission. The top three priorities were briefly reviewed; they are the File of Life program, the website and ROARS articles to communicate information and activities to older adults in the community.

Ms. Mermelstein informed the members that the File of Life packets would be available in May. They will be available at City Hall, the Library, the Senior Center (HPCC) and Centennial Commons.

Ms. Diekemper informed the members about the upcoming ITN meeting on transportation; scheduled for May 9<sup>th</sup>. The purpose is to continue the discussion on a possible pilot program.

Ms. Mermelstein discussed starting the Age Friendly business initiative with U City restaurants. She discussed the idea with Gail Snider from the Chamber of Commerce, who agreed it would be a good idea. Ms. Slater offered to make telephone calls to see which business would be interested in participating and what discounts or incentives they might offer to older residents.

Members talked about what information should be placed on the senior website page. Members were asked to give suggestion on the welcome message and the frequently asked questions section.

Ms. Mermelstein stated that she had submitted an article to be included in the May/June ROARS.

Ms. Hart gave a brief update on the Wash U Occupational Therapy students program. The first phase of the program went well. The students developed a toolkit that can be used for other projects in the future.

Ms. Mermelstein shared briefly about the meetings she has had with many different groups and organizations that could benefit older adults in University City. The library will now have senior resources area, where people can find all kinds of helpful information. She is reaching out to the Ministerial Alliance to connect with the older adults in their places of worship. She met with the school district and the PTO to see if programs might be developed that could include students and seniors working to help each other. Three flyers have been created and will be placed in the resource area at the library and handed out at various events throughout the city, they are: (1. New & Upcoming Programs, 2. Existing Resources and Services and 3. Contact Request Form).

**Next Meeting: Monday, May 16 at 6:00 PM. – Heman Park Community Center**