



CITY OF UNIVERSITY CITY  
REGULAR MEETING OF THE COMMISSION ON SENIOR ISSUES  
VIA VIDEOCONFERENCE

**Tuesday, February 16, 2021 – 6:00 PM**

**IMPORTANT NOTICE REGARDING  
PUBLIC ACCESS TO THE COMMISSION ON SENIOR ISSUES MEETING & PARTICIPATION**

**Commission on Senior Issues will Meet Electronically on February 16, 2021**

On March 20, 2020, City Manager Gregory Rose declared a State of Emergency for the City of University City due to the COVID-19 Pandemic. Due to the ongoing efforts to limit the spread of the COVID-19 virus, the **February 16, 2021** meeting will be conducted via videoconference.”

**Observe and/or Listen to the Meeting** (your options to join the meeting are below):

Please click the link below to join the webinar:

<https://us02web.zoom.us/j/83419296985?pwd=a2NURld5QzdqS3hBd1pUbitVVFJhUT09>

Passcode: 303229

Or iPhone one-tap :

US: +19292056099,,83419296985#,,,,\*303229# or +13017158592,,83419296985#,,,,\*303229#

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

US: +1 929 205 6099 or +1 301 715 8592 or +1 312 626 6799 or +1 669 900 6833 or +1 253 215 8782 or +1 346 248 7799 or 888 788 0099 (Toll Free) or 877 853 5247 (Toll Free)

Webinar ID: 834 1929 6985

Passcode: 303229

International numbers available: <https://us02web.zoom.us/j/83419296985?pwd=a2NURld5QzdqS3hBd1pUbitVVFJhUT09>

**Live Stream via YouTube:**

[https://www.youtube.com/channel/UCyN1EJ\\_-Q22918E9EZimWoQ](https://www.youtube.com/channel/UCyN1EJ_-Q22918E9EZimWoQ)

**Citizen Participation**

Those who wish to provide a comment during the “Public Comments” portion as indicated on the Commission on Senior Issues agenda: may provide written comments to the Deputy Director of Recreation ahead of the meeting.

ALL written comments must be received **no later than 12:00 p.m. the day of the meeting**. Comments may be sent via email to: [letaylor@ucitymo.org](mailto:letaylor@ucitymo.org) or mailed to the City Hall – 6801 Delmar Blvd. – Attention Lynda Euell-Taylor, Deputy Director/Recreation. Such comments will be provided to the Commission on Senior Issues prior to the meeting. Comments will be made a part of the official record and made accessible to the public online following the meeting.

Please note, when submitting your comments, a **name and address must be provided**. Please also note if your comment is on an agenda or non-agenda item, and if a name and address are not provided, the provided comment will not be recorded in the official record.

The City apologizes for any inconvenience the meeting format change may pose to individuals, but it is extremely important that extra measures be taken to protect employees, residents board/commission members and elected officials during these challenging times.



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- Call to Order / Roll Call
- Approval of Minutes (No minutes approval due to lack of quorum for January 19, 2021 meeting)
- Citizens' comments: General comments may be made prior to agenda beginning. Citizens must make written request to speak on specific agenda items as items are addressed (Note: Comments are limited to 3 minutes).
- County Older Adult Commission Report
- Staff Liaison Report - Idea: Possible Winter Tips Brochure for Seniors
- Council Liaison Report
- New Business
  - Election of Officers
- Old Business
  - Continued brainstorming discussion on How to Let Resident Know About the Senior Commission and ways to keep in touch with the Golden Lions Senior Program participants
- Other Updates/Topics of Concern
- Public/Citizen Participation (comments limited to 3 minutes)
- Closing Comments
- Adjournment

**THIS MEETING IS OPEN TO THE PUBLIC**

**Enclosure:** Draft of Minutes – n/a; Samples of Winter Tips for Seniors

If you are unable to participate,  
please contact Staff Liaison, Lynda Euell-Taylor  
314.505.8525 or 314.505.8625  
or email: [letaylor@ucitymo.org](mailto:letaylor@ucitymo.org)



**CITY OF UNIVERSITY CITY  
REGULAR MEETING OF THE COMMISSION ON SENIOR ISSUES  
VIA VIDEOCONFERENCE  
Tuesday, January 19, 2021 – 6:00 PM**

The Senior Commission did not have quorum present to hold the January 19, 2021 meeting. No official business was discussed, and no minutes were taken.

Home

Partridge Heights

Map

Digest

Neighborhood

Help Map

New

Businesses

For Sale & Free

Local Deals

New

Public Agencies

Events

Real Estate

Safety

Lost & Found

Documents

General

Groups

All Groups

Topics

All Topics

New

Directories

Neighbors



Post a message, event, poll or alert to your neighborhood

2 new comments



Phyllis Stein  
Bel-Nor • 16 hr ago



Coming weather- supply list? We have some serious weather coming up. I wonder if someone has a checklist that can help us semi-isolated seniors make sure that we are prepared while there is still time to order whatever we do not have. Not enthusiastic about trash day next week :-). I tried to upload a screenshot and it was too small, so please click on the link. Looking at extreme cold and some snow.

<https://www.timeanddate.com/weather/usa/st-louis/ext>



St. Louis, Missouri, USA 14 day weather forecast  
timeanddate.com

Posted in **General** to **Anyone**

Like 16 Comments Share

4



Judi Linville • Bel-Nor



Someone other than me may have a formal cold weather preparation checklist. These are things I think about: 1. Have enough batteries for flashlights. Keep phones and other battery operated devices charged. 2. Run any errands before the weather hits if you pick stuff up. (I may need to get more bird seed or have it delivered.) 3. Have some ice melt (or kitty litter or sand) just inside your doors or on your porches right next to the door. 4. Have a snow shovel handy near your door, and a broom (even if just a neighbor is going to come by and do it because you don't or should not.) 5. Have a friend or buddy you can check in with by phone or text every day so you don't feel too isolated. 6. Have a plan to move to a nearby hotel if we lose power...which one, and how you might get there. 7. Make sure you have enough medication on hand unless you know you can have it delivered. 8. Make sure your outdoor faucets are winterized if you have not already done so. Hoses should be disconnected. Home Depot and most hardware stores sell an insulated cover for your outdoor faucet. I have an extra one if anybody needs one; I had a freeze proof faucet installed when a plumber was here for another reason a couple of years ago. 9. Check your pantry...do you have canned foods you could heat up easily or plenty of meals in the freezer? I have an electric stove so I have a little sterno stove to heat water and soup in a pan if the power goes out, even for a short time. 10.



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meats in the freezer. I have an electric stove so I have a little stereo stove to heat water and soup in a pan if the power goes out, even for a short time. 10. Plan to dress in layers, even inside, when it gets below 20 if you don't already do so. 11. If you have pets make sure your gate is locked for when they go out, or if you don't have a secure fence, attach a tie-out leash to a porch railing in case you have to let them out and its too icy for you to accompany them. 12. Make sure you have enough pet food, too. Others will have other ideas, I'm sure.

15 hr ago Like Reply

2



Phyllis Stein • Bel-Nor

...

Fantastic! My car lives in a garage and is a Prius, so I think I will be able to start it, and your post makes me realize that, worst case scenario, if we lose power, I could keep my phone charged using the car, and hopefully I can open the garage door without electricity. I am going to try that this weekend. I think that for hose faucets, if you turn off the water supply from inside and also leave the tap open, that helps. Hopefully, we will not lose power enough so that our homes get cold. I have an elderly cat who needs to stay warm, but I am going to assume that we are not going to have to deal with that. I noticed place where there are air leaks that I never noticed before, the edges of some steps that go to one of the bedrooms, but are over the basement and I plan to seal them with rope caulk. This is a great chance for a RELIABLE person to make themselves available for snow removal. Also, make sure you have cash on hand, just in case.

15 hr ago Like Reply

1



Judi Linville • Bel-Nor

...

I'm glad you posed this question. In making the list I realized I have to refill prescriptions tomorrow!

13 hr ago Like Reply

2

See 1 more reply



Amy Maxwell • Hanley Hills

...

See if this info from the National Weather Service helps:

[https://www.weather.gov/ffc/family\\_plan](https://www.weather.gov/ffc/family_plan)

15 hr ago Like Reply

3



Michael Haiducek • Endicott Park

...

Check your vehicle antifreeze potency and battery with a hydrometer. Frozen coolant will crack your engine!!! Make sure Battery is charged to prevent it from freezing. Fill your... See more

Edited 14 hr ago Like Reply

5



Phyllis Stein • Bel-Nor

...

Anyone else feeling a very warm sort of fuzzy sensation that comes with totally appreciating and loving support of this community?



### Help map

Find neighbors who can to pitch in for those in n Help Map.

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Local Groups

Local Topics

New

Local Topics

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Local Topics



Sherry Ridenour • Overland East

...

TIP: I have an older but great running vehicle. However, in very cold weather the doors seem to stick or freeze shut and the last thing I want in cold weather is to be locked out of my car. One thing I do is close a heavier plastic (like the large Sav A Lot ones) between the door and the lock as I close it and this has never failed me. My car door doesn't freeze shut. Also I've heard putting Vaseline on the rubber seals works great too. Haven't tried that though. I also carry ice melt, a scoop and a towel in my car in winter besides scrapers. I don't want to fall so I scope out parking spots not too far from the building I'm going into and if it's icy I put down some ice melt so I don't slip and fall. The towel is if I get stuck on an icy surface. I spread it out right next to and in front of the stuck tire and have successfully pulled right out. Love to see others tips.

6 hr ago

Like

Reply

1



Chad Davis • Bel-Nor

...

A tip I learned many years ago.....kitty litter is fantastic for getting your car unstuck in icy conditions. Much better than ice melt or sand. ... See more

4 hr ago

Like

Reply



Phyllis Stein • Bel-Nor

...

I thought about how we are all going to be using a lot more electricity, which is why am concerned about a power failure, but also that could be a circuit failure in the house, so I would recommend at least making sure that we know where are the fuse box is and keeping a battery-operated flashlight nearby. Probably most of us are dealing with circuit breakers, but still having a flashlight nearby, so that we can find the circuit that has failed, and knowing in advance which ones are more sensitive to not only powers failures but also power surges would be a good precaution.

Edited 1 hr ago

Like

Reply

1



Sherry Ridenour • Overland East

...

Good idea, Phyllis.

4 hr ago

Like

Reply



Phyllis Stein • Bel-Nor

...

Tried to hit edit that one and hit send. I don't know if there is any way to edit a comment here and would appreciate some input on that. I'm dictating to my phone I wanted to... See more

4 hr ago

Like

Reply



Carol Hasson • University City West

...

On my phone, there are 3 tiny dots at the top right of each post & reply. If I tap those on my own post or reply, an edit option appears.

1 hr ago

Like

Reply

1



Help map

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Phyllis Stein • Bel-Nor

Tried to hit edit that one and hit send. I don't know if there is any way to edit a comment here and would appreciate some input on that . I'm dictating to my phone I wanted to change powers to power above but, oh well... It is supposed to rain all day today but not freeze, in this context my gratitude About the simple fact has multiplied :-)

4 hr ago Like Reply



Carol Hasson • University City West

On my phone, there are 3 tiny dots at the top right of each post & reply. If I tap those on my own post or reply, an edit option appears.

1 hr ago Like Reply



Susan Oswald • Bel-Nor

Great TOPIC Phyllis! What great comments and a brilliant topic to have been brought up. I also got 6 of those little battery operated lanterns. They are great to put on and have... See more

1 hr ago Like Reply



Gary H. • Walnut Park West

With Instacart and Doordash, UberEats...you no longer need to feel helpless as you get older when we have inclement weather. You can get your groceries ordered online and delivered from Schnucks ,Aldi, Walmart...or order food from restaurants and have them delivered. It is good to have these options when extremely cold temperatures or snow are forecast. It is cheaper to use those food delivery services than going out in the bad weather and falling and breaking a hip or tearing your car up from sliding on ice.

40 min ago Like Reply



Phyllis Stein • Bel-Nor

Yes, we have learned to shop online and that will really help for those of us who want to be prepared. Because so much of the country will be affected by this, I would be concerned about the supply chain, about the drivers being able to get to us etc. and I totally agree that anyone who hasn't learned that it is easier to shop online and saves a lot of time, might get someone to show them how to do it, because I presume it would be because the idea seems overwhelming. But if power goes out and things get too cold, I am not sure that we can totally count on those things like we can now. I'm going to post a link to the extent to which the country will be frozen. By the way the projected record low is -25In Minnesota!

1 hr ago Like Reply



Add a comment...



### Help map

Find neighbors who can help to pitch in for those in need. Help Map.

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Which team are you for in the Super Bowl? The Big Game takes place on Sunday.

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