

CITY OF UNIVERSITY CITY REGULAR MEETING OF THE COMMISSION ON SENIOR ISSUES VIA VIDEOCONFERENCE

TUESDAY, JANUARY 16, 2024 – 6:00 PM

- Call to Order / Roll Call
- Approval of Minutes
- Citizens' comments: General comments may be made prior to agenda beginning. Citizens must make written request to speak on specific agenda items as items are addressed (Note: Comments are limited to 3 minutes).
- Staff Liaison Report
- Council Liaison Report
- New Business
- Old Business
 - Subcommittee Discussion of Senior Services Coordinator Position Essential Functions vote required
 - Update on Reinstatement of Senior Services Coordinator position
 - Continued brainstorming discussion on How to Let Resident Know About the Senior Commission and ways to stay connected with the Golden Lions Senior Program participants
- Other Updates/Topics of Concern
- Public/Citizen Participation (comments limited to 3 minutes)
- Closing Comments
- Adjournment

THIS MEETING IS OPEN TO THE PUBLIC

Enclosure: Draft of Minutes – November 20, 2023; Senior Services Coordinator Position Essential Functions Recommendation by Commission Subcommittee

PLEASE NOTE: If you are unable to participate, please contact Staff Liaison, Lynda Euell-Taylor by or before Noon Tuesday, January 16, 2024
314.505.8525 or 314.505.8625 or email: letaylor@ucitymo.org



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TUESDAY, JANUARY 16, 2024 – 6:00 PM

Observe and/or Listen to the Meeting (your options to join the meeting are below):

Please click the link below to join the webinar:

https://us02web.zoom.us/j/83106341793?pwd=VEMwMm11RXI1QzVpMHM5cG4wQjNBUT09

Passcode: 010882 Or One tap mobile :

+13126266799,,83106341793#,,,,*010882# US (Chicago); +16469313860,,83106341793#,,,,*010882# US

Or Telephone:

Dial(for higher quality, dial a number based on your current location):

- +1 312 626 6799 US (Chicago); +1 646 931 3860 US; +1 929 205 6099 US (New York)
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- +1 253 215 8782 US (Tacoma); +1 346 248 7799 US (Houston); +1 360 209 5623 US
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Citizen Participation

Those who wish to provide a comment during the "Public Comments" portion as indicated on the Commission on Senior Issues agenda: may provide written comments to the Deputy Director of Recreation ahead of the meeting.

ALL written comments must be received **no later than 12:00 p.m. the day of the meeting**. Comments may be sent via email to: letaylor@ucitymo.org or mailed to the City Hall – 6801 Delmar Blvd. – Attention Lynda Euell-Taylor, Deputy Director/Recreation Facilities and Services. Such comments will be provided to the Commission on Senior Issues prior to the meeting. Comments will be made a part of the official record and made accessible to the public online following the meeting.

Please note, when submitting your comments, a **name and address must be provided**. Please also note if your comment is on an agenda or non-agenda item, and if a name and address are not provided, the provided comment will not be recorded in the official record.

The City apologizes for any inconvenience the meeting format change may pose to individuals, but it is extremely important that extra measures be taken to protect employees, residents board/commission members and elected officials during these challenging times.



CITY OF UNIVERSITY CITY REGULAR MEETING OF THE COMMISSION ON SENIOR ISSUES CENTENNIAL COMMONS RECREATION FACILITY, 7210 OLIVE BLVD. Monday, November 20, 2023 – 6:00 PM

Members Present: Gretchen Barry, Suzanne Greenwald, Christopher Lhotak, Teresa Huether,

Mary Dee Schmidt

Members Excused: Allieze Ruby Curry

Absent: Council Liaison Aleta Klein

Also in Attendance: Staff Liaison Lynda Euell-Taylor

The meeting was called to order at 6pm by Ms. Huether.

Minutes: Ms. Schmidt moved to approve the September 18, 2023, minutes. Ms. Barry seconded.

Citizen comments: None

Staff Liaison Report: Ms. Euell-Taylor thanked the commission for participation in the U. City Trunk-

or-Treat event.

Council Liaison Report: Deferred

New Business:

- Subcommittee discussion of Senior Services Coordinator Position essential functions: The
 commission members voted unanimously to recommend the list of essential functions for the
 coordinator position. They also recommended not providing any services that are already
 offered by the County Older Resident Programs (CORE). Ms. Greenwald questioned the
 placement of this role within the Department of Parks & Recreation. The needs of seniors go
 beyond just activities. There are needed services & this position seems more appropriate for
 the department of Community Development. Ms. Klein
- Senior Lunch and Learn: The U. City library will host these lunch-time events on the second Friday of every month. Aging Ahead will provide the lunches. The library will create the flyers & advertise the events. Teresa is working on transportation for attendees. Ms. Greenwald recommended two speakers: Dr. Tim Bono & Dr. Eric Lenze, both from Washington University. Mr. Lhotak volunteered to speak at one of the events. There is no compensation for the speakers.
- Ms. Huether reported on her efforts to engage local restaurants to host senior events on days when they are closed. Winslow's Table declined.

Old Business:

• Though no return date has been determined, plans will be to include senior information in the twice-yearly recreation guide.

Other updates/Topics of Concern: The commission agreed the January, February, and March 2024 meetings would occur over Zoom, while Ms. Huether is in Florida. In-person meetings will resume in April 2024. Also, due to Monday holidays in January and February, those meetings will shift to Tuesdays on Jan 16th and Feb 20th.

Public/Citizen Participation: None

Closing Comments: None

Adjournment: Ms. Greenwald motioned for adjournment at 7pm. Ms. Barry seconded.

University City Senior Services Coordinator Position

- Acts as a link between University City Seniors and other community services within the region.
- Organizes educational, health, recreational and social activities for University City Seniors.
- Facilitates services for vulnerable Seniors as identified by University City Emergency Agencies (such as the fire and police departments.)
- Coordinates and supervises a cadre of volunteers and interns who will serve the needs of University City Seniors.
- Develops a program for high school students to provide services for University City Seniors.
- Advertises/Communicates all the services available to University City Seniors via the ROARS, the website and more
- Serves as the University City liaison to the Senior Commission
- Is housed in a location easily accessible to most University City Seniors

GO RED FOR WOMEN --- LUNCHEON ----

Ladies (and guys too!) wear red on National Wear Red Day to stand with women in the fight against their number one killer: heart disease. University City Recreation Division will be providing a lunch, speaker, and different Community Information Tables for this event.

WHERE:

Heman Park Community Center 975 Pennsylvania Ave

WHEN:

Fri., February 2, 2024 10:00 AM-1:00 PM

COST: FREE
REGISTRATION: Jan 5 - Jan 22
MIN: 50 MAX: 75

REGISTER IN PERSON:

CENTENNIAL COMMONS-7210 OLVE BLVD

M-F: 5:30 AM - 7:00 PM SAT: 8:00 AM - 4:00 PM SUN: 10:00 AM - 4:00 PM





FOR MORE INFORMATION:

314.505.8613 MMEEHAN@UCITYMO.ORG



SENIORS 60+ JOIN US FOR



LAUGHTER,

BINGO

THURSDAY
JANUARY
25
2024

11:00 AM - 2:00 PM
CENTENNIAL COMMONS, 7210 OLIVE
*EVENT FEE: \$5 PER PERSON
MIN: 25 MAX:50
*FEE PAID THE DAY OF THE EVENT

Lunch Served - 11:00 am Bingo Begins at 12:00 pm

Get ready to laugh, lunch, shout "BINGO!" and win some prizes at this "come and have some fun" event. Phone registration REQUIRED REGISTRATION ENDS - Friday, January 19th

FOR PHONE REGISTRATION OR MORE INFORMATION, CONTACT CENTENNIAL COMMONS 314.505.8625



TUESDAY, FEBRUARY 13





TEDDY BEARS - MOVIE - SNACKS

COME STUFF A TEDDY BEAR, WATCH A CHARLIE BROWN VALENTINE, AND ENJOY SOME SNACKS!

\$15/PERSON, AGES 4-10 MIN: 15 MAX: 25

THIS EVENT WILL TAKE PLACE AT CENTENNIAL COMMONS, 7210 OLIVE BLVD IN THE CENTURY ROOM

REGISTRATION: JAN 11-JAN 27
REGISTER IN PERSON AT CENTENNIAL
COMMONS, 7210 OLIVE BLVD.

M-F: 5:30 AM - 7:00 PM SUN: 10:00 AM - 4:00 PM SAT: 8:00 AM - 4:00 PM



