



UNIVERSITY CITY NEWS

University City News

August 2012

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It's Still Pool Season! New Extended Hours!

Heman Park Swimming Pool continues its 2012 season until Monday, September 3. The pool now closes daily at 9:00 pm.

Pool Schedule:

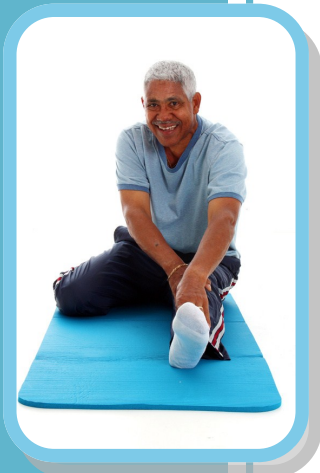
Lap Swim:

Now until September 3
6-8 am Weekdays
7-9 am Weekends and Holidays

Public Swim:

Now until September 3
Noon – 9 pm (*Weekdays, Weekends and Holidays)

**Due to lifeguard availability, some amenities (i.e. slide and diving area) may not be available between the hours of Noon – 4:00 pm)*



Centennial Commons Senior Center

The University City Senior Center (formerly Ochs) participants are raving about their new location at Centennial Commons, 7210 Olive, which offers use of Centennial Commons' walking track, exercise equipment and use of Heman Park Swimming Pool.

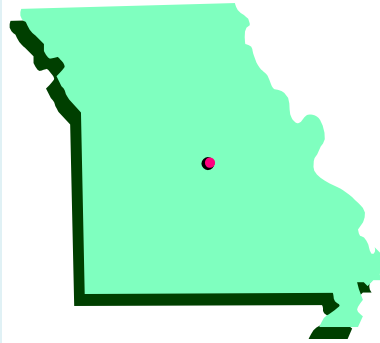
Available Monday through Friday, from 9:00 am to 3:00 pm for everyone age 60 and older, the Center's other activities include hot lunch daily, health screenings, chair exercise, movies, bingo, transportation, shopping and much more.

For more information, contact Center administrator Carmen Smith 314.721.2722





One of the definitions of public service is a service performed for the benefit of the public. That is a wide definition and takes in the work done by the many non-profit organizations that work within a community like U City in Bloom, Kid's Place, the Green Center, Epworth Children's and Family Service, Discovering Options, and many others here in University City. Public service can also relate to those companies that provide a commodity to all members of a community – like gas and electric service. Finally, public service can relate to the work elected officials do on behalf of the communities which they represent.



There will be a national election this coming November, where Public Servant # 1 – the President of the United States – will be elected, along with U.S. Senators and U.S. Representatives. There will also be a statewide election for numerous positions here in Missouri.

If you are not registered to vote, now is the time to do so if you want to ensure your voice will be heard in the election of these public servants. Check out the St. Louis Board of Election Commissions website at <http://www.stlouisco.com/YourGovernment/Elections> for details on how to register, or move your registration if you have moved since the last election. Or call the Board at 314-615-1865.

The Election Board also needs poll workers for the November and other elections. The following is from the Election Board:

"The Board of Election Commissioners of St. Louis County is in need of election Poll Workers to staff our 450 polling places for county elections throughout the year.

The Mayor's Communiqué, Continued

In order to serve, you must declare one of the two major political parties and be a registered voter in Missouri. This is a paid position, and includes a required training class as well as Election Day. The Election Day begins at 5:00 a.m. and ends after the polls close at 7:00 p.m. To get the process started complete and submit the online form below, or call 615-1865."

I also encourage you to check out the League of Women Voters website at <http://www.lwvstl.org/> to get more background information on elections.



The City Council will honor the memory of a long-time University City public servant, former Councilmember Larry Lieberman, with a proclamation at its regular Council meeting on Monday, August 13th at 6:30 p.m. Mr. Lieberman was a Councilmember in University City for more than 30 years. A reception will be held following the meeting. All are invited to attend.

Please be part of the process to choose the public servants who will work for you for the next four years.

—

The teenage volunteers who work in the Summer Reading Program at the University City Public Library will be honored on Thursday, August 9th at 7:30 p.m. We appreciate their service to the young readers of our community.

As the heat and drought continue, keep a careful eye on the trees on your property, especially the younger trees that are being so hard hit by the lack of water. If you can, please water your trees daily. The City cannot water all the thousands of City trees throughout our community, so I would appreciate your watering the trees in the tree lawn, too.

Keep cool if you can.

-Mayor Shelley Welsch



Centennial Greenway CONSTRUCTION NOTICE


A biking and walking trail is under construction on the east side of I-170 from Shaw Park to Olive Blvd. Construction hours are 7am to 5pm Monday-Friday. The project's estimated completion date is Winter 2012.

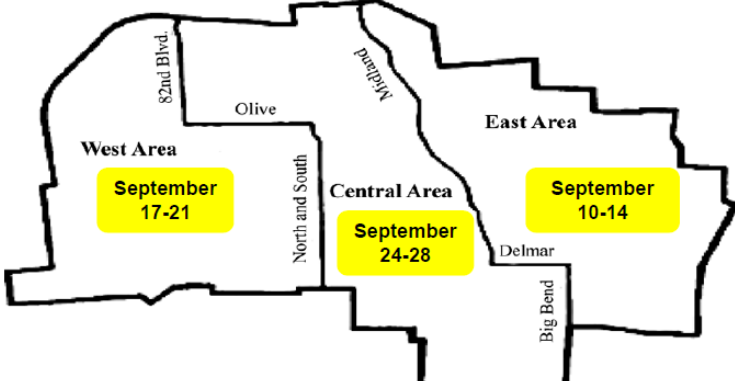
To learn more about the project, visit the Great Rivers Greenway website at www.grgstl.org.

Bulk Item Collection Begins September 10!

See below for your area's pick up schedule and important details about the collection.

2012 Bulk Item Collection Schedule – Fall Collection





Important:

- Place items at the **front curb (not in the alley) by the Sunday before your collection week begins.**
- City trucks pick-up items in each area the entire week and make only **one pass on each street.** Don't miss your collection!
- Be sure that access to the items is not blocked by parked vehicles.
- Up to 7 small items or 3 large items picked up per household.
- Small items = rugs, bedding, TV's, small appliances, doors, etc.
- Large items = furniture, cabinets, large appliances, carpet, etc.
- Call Public Works at 314-505-8560 to confirm your area.

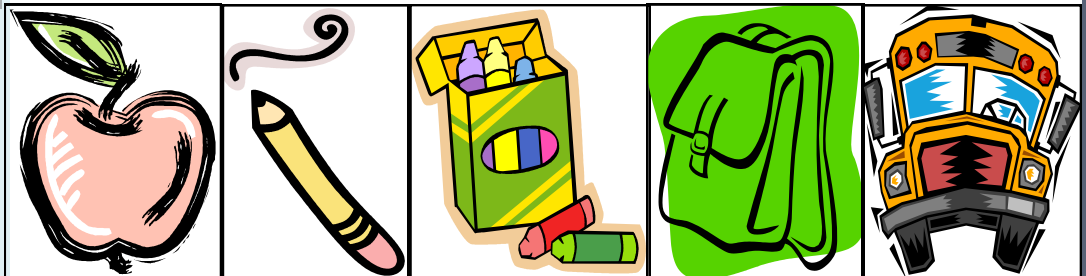
Accepted: Furniture, bedding, cabinets, doors/windows, mirrors (all glass must be wrapped in cardboard), rugs, carpet, mattresses, box springs, washers & dryers, TV's, refrigerators, water heaters and small air conditioners.

Not accepted: Hazardous materials, commercial items or business equipment, yard waste, tree trunks, logs, building or construction type debris/materials, tires, auto batteries & motors, rail road ties, batteries, bulbs, barrel drums, concrete, bricks, landscape stones, boulders, rocks, dirt, or household trash.

Back to School Rally and National Night Out August 7, 2012: 5:00 pm — 8:30 pm

Join us to band together as a community to fight crime. The evening will also be a fun-filled event for school-aged children. There will be health screenings, free haircuts, educational activities and more. Located at Ronald E. McNair Administration Building (8136 Groby Road).

For more information or to make donations, contact Captain Jackson at cjackson@ucitymo.org or (314) 505-8654.

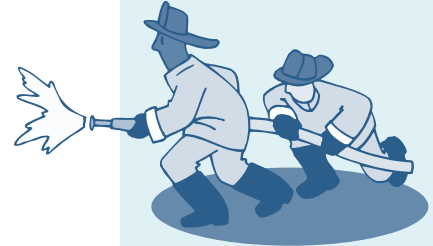




Welcome Christopher Jones!

The Fire Department would like to welcome our newest Paramedic/Firefighter Christopher Jones.

Christopher is a graduate of the St. Louis County Fire Academy. He has served with the City of St. Louis EMS and the Berkeley Fire Department. Christopher is looking forward to serving the citizens of our community.



Beat the Heat! What to do when it is extremely hot:

- Listen to **NOAA Weather Radio** for critical updates from the National Weather Service (NWS).
- Never leave children or pets alone in closed vehicles.
- Stay indoors as much as possible and limit exposure to the sun.
- Stay on the lowest floor out of the sunshine if air conditioning is not available.
- Postpone outdoor games and activities.
- Consider spending the warmest part of the day in public buildings such as libraries, schools, movie theaters, shopping malls, and other community facilities. Circulating air can cool the body by increasing the perspiration rate of evaporation.
- Eat well-balanced, light, and regular meals. Avoid using salt tablets unless directed to do so by a physician.
- Drink plenty of water; even if you do not feel thirsty. Avoid drinks with caffeine. Persons who have epilepsy or heart, kidney, or liver disease; are on fluid-restricted diets; or have a problem with fluid retention should consult a doctor before increasing liquid intake.
- Limit intake of alcoholic beverages.
- Avoid strenuous work during the warmest part of the day. Use a buddy system when working in extreme heat, and take frequent breaks.
- Check on family, friends, and neighbors who do not have air conditioning and who spend much of their time alone.
- Avoid extreme temperature changes.

Information courtesy of: <http://www.ready.gov/heat>



New U City Businesses

Business Name	Address	Phone Number
A Growing Place	7001 Forsyth Boulevard	(314) 645-4081
Frida's Deli	622 North and South	(773) 454-4049
Heartland Consumer Directed Services	8420 Olive Boulevard, Unit A	(314) 625-4858
Hi-Tech Paintless Dent Repair	8374 Olive Boulevard	(847) 343-3608
Missourians for Koster	6623 Delmar Boulevard	(314) 514-5031
M.Stoner	6677 Delmar Boulevard, Unit 310	(870) 219-7728
Saboor Tailor	7335 Forsyth Boulevard	(314) 775-3748
Susan's Natural Spring Waters	7035 Pershing Avenue	(314) 220-7138

Recreation Scholarship Programs for U City Residents

Everyone should have the opportunity to improve their quality of life through recreation facilities and programs. To help meet this goal, the Department of Community Development – Recreation Division offers a recreation scholarship to income qualified University City residents. Funding is limited.

The scholarship award amount will be based on all household income sources, including related and unrelated people residing in a household. Individual and family scholarships are available. Scholarships are provided at a sliding scale, dependent on income, at a discounted rate of 25%, 50%, or 75% of the program's adopted fee.



Scholarships are available for the following :

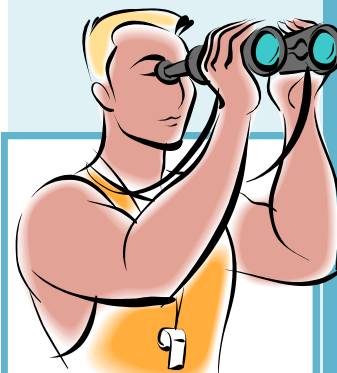
- Youth before and after school programs, and city operated full day recreation programs (i.e. Summer Youth Recreation Program, etc.)
- Fitness and/or Leisure education classes. Lessons and senior social activities will be limited to two (2) per person per fiscal quarter (July 1-Sept 30, Oct 1-Dec 31, Jan 1-Mar 31, Apr 1-June 30).
- Centennial Commons memberships and Heman Pool/Natatorium Swim Passes
- University City Sports Association or University City Soccer Club youth sports player fees.

Applications are accepted year round. For more information, please contact Leslie Eutz, 314.505.8617 or Relay Missouri 800.735.2966 (TDD).

Centennial Commons

Centennial Commons features state-of-the-art recreational design with equipment and programming that offers unparalleled recreational opportunities. Located at 7210 Olive Blvd, Centennial Commons provides fitness, educational programs, special events and sports programs for children, students, adults and seniors. Membership options and resident scholarship program are also available.

Though summer is ending, keep your fitness and fun momentum going with our 4-week "Fitness and Fun" mini session at Centennial Commons. Our most popular classes are being offered as a bridge into the fall. Classes include: Total Body Conditioning, Slide and Steppin', Core Fusion Fitness, Aqua Aerobics, BOSU Blast, Golden Lions Low Impact Strengthening Exercise, Senior Stretcherize, Cardio Kickboxing, Evening Yoga, Beginner and Intermediate Pilates, "Butts & Gutts," Little Tumblers, - and definitely Zumba. Classes run from August 6 – September 1. For more information, call 314.505.8625 or Relay Missouri 800.735.2966 (TDD).



LIFE GUARDS WANTED!

Would you like to be a lifeguard? Know someone who would?

Heman Park

Swimming Pool is seeking additional lifeguards for the remainder of its 2012 season. American Red Cross

certification preferred. Already have lifeguard certification?(i.e.

Starguard, Ellis, etc.) – we will cross train you. For detailed information, contact

**Curt Wright,
314.505.8613 or
cwright@ucitymo.org**

Recreation Opportunities for People of All Abilities

Interested in participating in programs and activities provided by the Department of Community Development-Recreation Division? Inclusive opportunities are available for all University City residents! Our Regional Coordinator of Inclusive Recreation, Mary Furfaro, facilitates the inclusion of people with disabilities in our recreation programs and provides assistance with city services. Work directly with a professional to insure your needs are met!

Activities Include:

Day Camp
Dance Class
Swim Lessons
Zumba
Sports
Leagues
Pilates



Benefits of Participating:

Increase Socialization
Building a Sense of Community
Gain Friendships
Increase Motor Function and Circulation
Increase Brain Stimulation

For more information or to coordinate support, contact Mary by phone: 314.505.8697, email: mfurfaro@ucitymo.org or through Relay Missouri, 800.735.2966 (TDD).

Ten Ways to Improve Your Neighborhood Now

The Department of Community Development encourages residents to adopt the following ideas for increased neighborhood safety and involvement:

1. Report crime immediately. Whether the issue is loitering or something more serious, police cannot act without first hearing from citizens. For non-emergencies contact the Police Department at 725-2211.
2. Take away the opportunity for crime. Lock your car and house. Trim bushes or trees on your property that offer too convenient hiding places.
3. Report property and neighborhood nuisances immediately. Whether the issue is stray dogs, poor property maintenance or weeds, your information can help alert the City to such activity. For non-emergencies, contact the Department of Community Development at 505-8500.
4. Know your neighbors. Greet youth who live, play and walk in your neighborhood by name. Make a list of the names and telephone numbers of neighbors and landlords on your block.
5. Turn your porch light on. Crime tends to decline in well-lit neighborhoods.
6. Walk around the block. Foster neighborhood interaction and a sense of security with this simple effort.
7. Drive slowly on neighborhood streets. Slow down traffic in your neighborhood and protect children at play. Participate in the "Keep Kids Alive" campaign (for more information call 402-334-1391).
8. Pick up litter near your home. Trash breeds trash; stop the spread by properly disposing of existing litter. Report litter issues to the Department of Community Development at 505-8500.
9. Stay put. Stable neighborhoods are built on the commitment of long-term residents who insist on a healthy community.
10. Support your City services, neighborhood association or similar group. Attend meetings, report concerns and help participate in the future of your neighborhood.



Fire Department Offers Group AED and CPR Training

Statistics show that more than 200,000 Americans die of sudden cardiac arrest every year. Up to 50,000 of these deaths could have been prevented. A Cardiac Chain of Survival is initiated when Cardio Pulmonary Resuscitation (CPR) and an automated external defibrillator (AED) is available for immediate use at the time of the emergency.

As a community service, the U. City Fire Department (UCFD) is offering free Heartsaver's CPR/AED training classes for groups and organizations of 6 or more.

If you want to learn how to possibly save the life of a co-worker, friend or family member, call Private David James: 314.505.8768. There is a class scheduled for July 21, 2012.



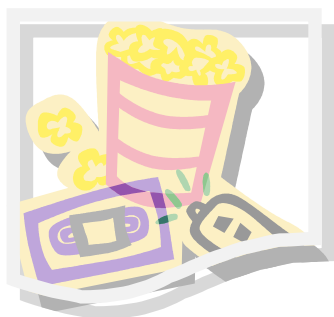
Source: tundrastraining.com

Movies In The Parks

The U City outdoor film series offers local residents and youth positive free entertainment. The 2012 Movies in the Parks series, is organized by a volunteer group of residents which is searching for sponsors for the film series. The City of University City is supportive of their efforts but the screenings are made possible through sponsorship donations from local businesses and residents – with levels of support ranging from \$75 – \$650 in exchange for advertising at the events.

Additionally, representatives from local schools and organizations are also invited to host concessions food trucks as potential fundraisers for their groups. To date, the City of University City and Washington University in St. Louis have committed to serve as a 2012 event sponsors.

To make a donation, sponsor a film or host event concessions for your school at one of the 2012 Movies in the Parks events, contact Mayor Welsch at mayor@ucitymo.org or 314-505-8606.



AUGUST SCHEDULE

"Bend it Like Beckham"- Wednesday August 8, in Flynn Park
 "To Kill a Mockingbird"- Saturday September 15, in Fogerty Park
 * The films begin shortly after sundown, at approximately 9pm

Missouri Preservation Conference- Coming to U City

Join Missouri Preservation in partnership with University City for the 2012 Missouri Preservation Conference at the Center of Creative Arts (COCA), located in the Loop, on October 24-26.

The *Historic Building Development and Tax Credit Workshop* will be held on Oct. 24, and the *Preserving Historic Stained Glass Workshop* on Oct. 26.

Learn more at www.preservemo.org.



**MISSOURI
 PRESERVATION**
*Preserving Place And Community
 For Future Generations*

Upcoming Events at the U City Public Library

August 4-24	<p>In the Gallery: Building Common Ground Artists young and old bring out their best work to show in this exhibit. University City teens and seniors have teamed up to assemble this art show as part of the Library's Building Common Ground program. Visitors are invited to leave respond to the art via the blank posters next to each piece! A reception will be held on Sunday, August 19 from 2 - 4pm</p>
August 9 7pm	<p>Urban Thought Book Group- in the Auditorium Join us for a discussion of Gloria Naylor's Men of Brewster Place. We'll also have copies of next month's selection, Naylor's Linden Hills . Everyone is welcome!</p>
August 16 7pm	<p>Matthew Freeman Poetry Reading Join us for a very special evening of poetry with St. Louis' own Matthew Freeman. He'll be reading from his latest book The Boulevard of Broken Discourse along with selections from his 3 previous works. Everyone is welcome!</p>
August 19 2-4pm	<p>In the Gallery: Building Common Ground Art Reception Join us for a reception to celebrate the work of artists participating in Express Yourself: Community, Civility and Compassion in the Gallery at UCPL. Artists young and old bring out their best work to show in this exhibit. Community young adults and seniors have teamed up to assemble this art show as part of the Library's Building Common Ground program, sponsored by the American Library Association's Public Programs Office and the Fetzer Institute. Visitors are invited to leave responses to the art via the blank posters next to each piece! Light refreshments will be served; all are welcome!</p>
August 21 7pm	<p>Readings in History Book Group Join us for a discussion John Barry's The Great Influenza. We'll also have copies of next month's selection, Only Yesterday: An Informal History of the 1920s by Frederick Lewis Allen. Everyone is welcome.</p>
August 29 7pm	<p>Adult Summer Reading- Les Miserables Join us for the final discussion and wrap party for our Adult Summer Reading 2012 program, Les Miserables. We'll be discussing the fifth volume, Jean Valjean. We'll enjoy refreshments, good conversation, and great literature! All are welcome; copies of the book are available to check out at the library.</p>

Upcoming Library Events for Young People

July 26, August 9, 23	<p>Teen Gaming Play Wii and Xbox 360 games in Lil's Treehouse. For Grades 6 and up.</p>
August 16	<p>Happy Fee- Rated PG Movies for children and teens are shown in Lil's Treehouse, Admission is free.</p>

U City
Public Library

6701 Delmar Boulevard

Hours:

Mon-Fri: 9am– 9pm

Saturday: 9am– 5pm

Sunday: 1pm– 5pm



Visit Ruth Park Golf Course and Driving Range — 8211 Groby Road

One of the premier municipal courses in the region, Ruth Park Golf Course is convenient, affordable and in great shape. Centrally located in University City, 1 mile north of Delmar Blvd., its tree-lined, hilly course layout makes Ruth Park challenging and a favorite venue for generations of University City and surrounding area golfers. Our Driving Range is open 6:30 am to 9:30 pm (weather permitting) and includes 25 hitting stations of both mats and grass. Managed under the direction of PGA Professional, Doug Castellari, Ruth Park Golf Course amenities include: Zoysia fairways and bent grass greens, multiple tee boxes to accommodate players of all ages, individual/group lessons, professional club fittings, spring/summer youth golf programs, fully stocked golf shop and snack bar. League play and group outings are also available.



For more information, contact Ruth Park Golf Course, 314.727.4800 or email Doug at dcastellari@ucitymo.org or check our website ucitymo.org/index.aspx?nid=496.



Sizzling Summer Special

Play Ruth Park Golf Course – Monday through Thursday 10 am-3 pm or Saturday or Sunday after 5 pm - \$14 (cart included). Not valid with any other offers. Special ends 9.15.12

UPCOMING EVENT:

Ruth Park Parent-Child Play Day
Sunday, August 12 – beginning at 4:00 pm

Course Amenities

- Club rental
- Fully stocked pro shop
- Golf club fitting
- 25 station fully lighted practice area with both grass tee and turf hitting mats
- Individual or group lessons
- Motorized golf carts
- Pull carts
- Snack bar serving soda, beer, and the best grilled beef franks and hamburgers in town!
- Summer junior golf camps
- Tournaments



UNIVERSITY CITY
NEWS

City of University City
6801 Delmar Blvd.
University City, MO 63130

City Hall phone: 862-6767
Centennial Commons: 505-8625
U City Public Library: 727-3150

We're on the web!
ucitymo.org

facebook.com/UniversityCityMo
twitter.com/UniversityCity



University City, Missouri is an inner-ring suburb of the City of St. Louis, a vibrant, diverse community of about 35,000 people at the heart of the St. Louis metropolitan area. University City is a full-service city, providing its residents with police and fire service; full recreational facilities; a library; and solid waste services.

Starlight Concert Series

FREE ADMISSION • 6:30 - 8:30 PM
SOUTH SIDE OF HEMAN PARK
7210 OLIVE BLVD • UNIVERSITY CITY

This annual summertime treat again will take the stage at Heman Park, beginning June 18 with the University City High School Jazz Combo. Every concert is free and takes place at the south side of the park, near the Midland/Shaftesbury entrance, from 6:30 to 8:30 p.m.

For more information:
call 505-8625 or visit
universitycityartsandletters.wordpress.com

SCHEDULE

- June 18: U City High School Jazz Combo
- June 25: Rob Silverman (*jazz, fusion & rock*)
- July 2: The Style Band (*r&b*)
- July 9: Power Play (*jazz, r&b, disco, & Motown*)
- July 16: Mystic Voyage (*groovy*)
- July 23: Fat Pocket Funk (*funk*)
- July 30: Retro Boogie (*r&b*)
- August 6: Par 3 (*contemporary*)