

CENTENNIAL COMMONS

LINKING COMMUNITY, FUN AND FITNESS



WHAT ARE YOU LOOKING FOR?

A high-energy workout? A friendly game? Or just a place to hang out and relax with friends? You'll find it all here. Centennial Commons truly has something for everyone.





PLAY



SWIM



MEET



KICK



RUN



Welcome to CENTENNIAL COMMONS

SWIM. RUN. LIFT WEIGHTS. LET YOUR CHILDREN PLAY IN OUR KIDDIE POOL OR INDOOR PLAYGROUND. RELAX WITH A VIDEO GAME. GRAB A SNACK. ENJOY A FRIENDLY GAME OF FOOSBALL—OR A VIGOROUS GAME OF INDOOR SOCCER. HOST A MEETING OR BANQUET.

CENTENNIAL COMMONS, UNIVERSITY CITY'S NEW STATE-OF-THE-ART, 40,000-SQUARE-FOOT ACTIVITY CENTER, HAS SOMETHING FOR EVERYONE—ALL THIS AND MORE.

Centennial Commons celebrates 100 years of history for University City, and the beginning of another 100 years as a vibrant, diverse community. It's only fitting that our new center is every bit as vibrant, and just as diverse.

Memberships are available for businesses and individuals, University City residents as well as non-residents. Daily passes are available, too.

Special scholarships for University City residents help ensure Centennial Commons is affordable to everyone.

Make a SPLASH!



Make a splash in our new bigger and better pool! Heman Park Pool, originally built in 1933 and renovated in 2004, is designed with the whole family in mind. Whether it's a nice relaxing swim you're after, a turn at the water slide, romping on the inflatable pool toys or some intense laps, there is plenty of room to get your pool time in.

- Main pool: 23,808 square feet
- Kiddie pool: 224 square feet, with a new child-sized slide and a fountain
- Full-service concession stand, offering a variety of snacks

In addition to access to Heman Park Pool, Centennial Commons membership includes access to the indoor Natatorium pool during the school year.

Fit Fitness into Your LIFESTYLE



It's easy to get in shape when you have the right equipment. Our 5,276 square foot fitness area has doubled in size and equipment, so you'll have everything you need to achieve your workout goals.

- State-of-the-art Cybex and Precor exercise equipment, including:
 - Elliptical trainers
 - Treadmills
 - Strength stations
 - Free weights
 - Exercise bikes
- Televisions, so you can watch your favorite show while you get fit
- Full-service concession stand

In addition to the expanded fitness area, Centennial Commons features two high school regulation-size gymnasiums—this means double the space for basketball and volleyball games, as well as other fitness programs.

Just for KICKS



Centennial Commons' newly renovated 15,093-square-foot soccer pitch combines the excitement of soccer with the year-round comfort of being indoors. There's no other indoor soccer field in the St. Louis area quite like this one.

- State-of-the-art artificial deep turf
- Upgraded lights provide superior illumination
- Improved ventilation
- Full-service concession stand

A Safe Place for Kids to “STAY AND PLAY”



Centennial Commons has something for everyone—even infants and toddlers. Our new 930-square-foot infant/toddler “stay and play” area allows you to work out while your children enjoy our indoor playground, designed with both fun and safety in mind:

- Slide for whooshing down
- Tubes for crawling through
- Climbers for climbing
- A rubberized safety surface to cushion any tumbles

RUN, RUN, RUN (or Walk, Walk, Walk)



Rain or shine, hot or cold, you can always get your run or walk in at Centennial Commons, with our new suspended running track.

- One lap is 1/10 of a mile
- Rubberized surface to reduce the impact on your joints
- Three lanes available to walk or run at your own pace

We've Got GAME



Recreation is about more than just fitness—it's about fun. Whether you're looking for a little friendly competition, or just want a cool place to hang out with friends, it's all here.

- Pool table
- Ping-Pong
- Foosball
- Darts
- Video games
- Flat-screen TVs

A Great Place TO MEET



Centennial Commons has multi-purpose rooms for meetings and banquets, in a size that best fits your needs.

- Room One can be sub-divided into two spaces:
 - Area A: 840 square feet, can accommodate 121 people
 - Area B: 973 square feet, can accommodate 140 people
- Room Two: 551 square feet, can accommodate 37 people

When not rented, these rooms are used for various classes, including yoga, Pilates, aerobics, dance, martial arts, arts and crafts and hobbies.

Corporate Membership DISCOUNTS



Help your employees get fit when you buy a corporate membership. Your employees will enjoy discounts off regular membership fees.

- University City businesses: 10 percent discount
- Non-resident businesses: 5 percent discount

We offer two types of corporate membership discounts:

- **Special corporate membership discounts** require a minimum of five employees, and the business must provide one payment
- **Regular corporate membership discounts** require a minimum of 10 employees, and each employee can provide his or her own payment separately

SCHOLARSHIP Discounts



In University City, we take pride in our diverse, inclusive community. To help make Centennial Commons available to everyone, we offer special scholarships for University City residents only, based on income.

For scholarship information call (314) 862-6767, ext. 386 or 308.